

## **NURSE PRACTITIONER**

### **Walk In and Clinic Services Include:**

- Diagnosing & treating illnesses & injuries
- Monitoring chronic diseases
- Performing physical exams
- Providing prenatal health care
- Prescribing certain medications
- Updating immunizations
- Ordering & managing diagnostic tests & results
- Providing mental health, sexual & healthy lifestyle counseling
- Ongoing primary health care provided
- Supporting the care provided by your family physician

## **Rural Health Clinics**

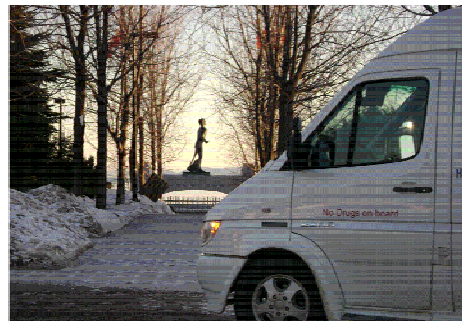
## **FOOTCARE NURSE**

Services Include the Treatment of Calluses, Corns, Fungal or Ingrown Nails, Nail Deformities and Dry and Cracked Skin. Appointments required.

### **Individuals Requiring Foot Care**

#### **Often Have:**

- Diabetes
- Arthritis
- Poor circulation
- Skin & nail problems
- Physical disabilities
- Difficulty reaching their feet
- Visual & other medical problems
- Referrals to other health professionals



## **COMMUNITY HEALTH WORKER**

### **Guides You Through the Health and Social System by:**

- Providing linkages or referrals to services & community supports such as: affordable housing, Ontario Works & Disability applications & Northern Travel Grants
- Providing health education resources
- Offering health promotion programs on various topics to encourage health & well-being

## **Healthy People in Healthy Communities**

## OUR GOAL & WHO WE ARE

The Mobile Unit travels to rural communities within the district of Thunder Bay offering free health clinics. The Nurse Practitioner, Foot Care Nurse and Community Health Worker are supported by the Centre's multi-disciplinary health care team.

NorWest Community Health Centres is part of a network of over 74 community health centres across the province. We have been providing Primary Health Care and health education in Armstrong, Longlac, and in Thunder Bay for more than 20 years.

We make special efforts to serve people who have a higher risk of poor health, or people who are having difficulty finding health care due to language, cultural barriers, poverty or isolation.

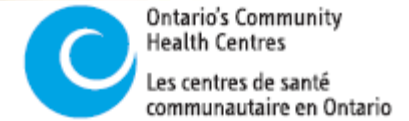


## For More Information

### Services Are Being Offered in the Following Communities:

- Dorion (R.N. Only)
- Kaministiquia
- Shebandowan
- Murillo (Footcare Only)
  - Neebing
  - Nolalu
- O'Connor Township
- Red Rock
- Upsala

For further information or to schedule an appointment, please contact Susan, Logistical Coordinator at NWCHCs: 1-866-357-5454 or 807-626-8474 or visit our website: [www.norwestchc.org](http://www.norwestchc.org).



## MOBILE UNIT

